



United States Naval Sea Cadet Corps



Sullivans Division Newsletter

“We Stick Together”

<http://thesullivansusnsc.org>

September 2023

Buffalo Naval and Military Park

CO: LCDR Todd Caughill

XO: LTJG Richard Ryan

TO ALL: BE SURE TO PAY ATTENTION TO THE *ENTIRE* NEWSLETTER & PHONE LIST

From The Desk Of The CO



See ***Future Drill Dates*** posted later in this newsletter. Plan accordingly. Providing you all of these dates so far in advance, means no one should say “I didn’t know we had drill.”

Also, the dates for Winter Survival and Summer Training are listed as well.

LCDR Todd A. Caughill
Commanding Officer, USNSCC/USNLCC
The Sullivans Div / Training Ship Little Rock



From The Desk Of The XO



Fall is on the doorsteps. The training season is finished for 2023, and we are all smarter and better cadets hopefully. I trust that you bring that knowledge and information back to our unit and make our home even better with that knowledge.

This month is an overnight drill on the ships, but October will very likely be our last month on the ships, and the thought is pack up on Saturday and be at the Reserve Center on Sunday. We need to work on activities that will keep the Reserve Center entertaining as well as educational.

The end of September beginning of October is the Acorn Run. This is a great opportunity to give back to the community, and earn community service hours. It is also relaxing weekend with night op opportunities at Genessee County Park. If you have done the Acorn Run you know this is not a heavy lift, if you have not then try to make this overnight event a part of your calendar.

There is an opportunity passed on from the Navy League for **YOU** to earn some cold hard cash. Grand prize is \$1500. You need to write an essay on what Memorial Day means to you. Read the additional documents towards the end of this newsletter and you could be earning some cash. Before you submit, you will need the "sponsor" information; see me.

This has been a great summer with plenty of warmth and sunshine. As we turn our attention towards the fall and winter lets not loose focus on our coursework, advancement, and growing the unit. We missed out on the Bergen Trophy by .02 Percent. You know the other units will be trying to pass us, so lets see if we can be that top dog this year.

LTJG Richard J. Ryan, USNSCC

XO; The Sullivans Division/Training Ship Little Rock



Point of Importance...Unless you were never issued one, YOU ALL MUST HAVE YOUR I.D.

It is part of your uniform and without it, you are *out of uniform*.

***All ribbons, ribbon racks and rate flashes/tabs are taken care of by the Awards and Ribbons Officer. Questions and requests should be sent up on a chit. These matters cannot be handled between drills.

Also, if you have ribbons but never received a ribbon **bar**, send up a chit requesting one; be specific as to what size you need.

For example, if you have 3 ribbons and no bar, you need to request a "3-ribbon bar". If you have a bar that does not hold all of your ribbons and you need a *larger* one, you need to send up a chit with your old one attached to it and write your request for the size you need.

Chits will not be accepted if they are not legible or if they do not have a name and rank on them.

UPCOMING DRILL

September 9-10, 2023

***** This IS an overnight drill *****

**ALL Cadets will need to be dropped off on Saturday Morning
and picked up Sunday Afternoon.**

****Location:** **Buffalo Naval & Military Park**
1 Naval Park Cove
Buffalo, NY 14202

**Arrival Time 09SEP - Officers 0715
Cadets 0730**

**Dismissal Time 10SEP- 1545
(immediately following afternoon muster)**

Be advised: Type III's are our designated required working uniform and if you have them, you should be wearing them as your first uniform of drill weekends. NWUs (Type 1's) are only authorized as an alternative if you have never been issued a set of Type III's or as an "extra" or "second" set of uniforms.

****Uniform Of The Weekend:**

Cadets - TYPE III's (or NWUs as described above)

Officers - Type III's (or NWUs as described above)

Be advised: BE SURE TO WEAR A FRESH, CLEAN T-SHIRT WITH YOUR UNIFORM EACH DAY.

Meals are **\$5.00** PER MEAL.

Attendance Deadlines (See updated requirement dates)

****CC/ACC's:** Company Attendance due to PO1 PARISH by **1600 TUESDAY 05SEP23...****

****PO1 PARISH:** Division Attendance due to OPS and OIC's by **1700 TUESDAY 05SEP23...****

Attendance counts are now to be obtained by **PHONE CALLS** only.

Get your **PHONE CALLS** done in time to meet the deadlines.

****PAY ATTENTION TO THE CURRENT PHONE LIST IN THIS NEWSLETTER, as there may be names or phone numbers added or removed since last month.**

****Be advised: A REQUEST and REASON are required for ANY absence, late arrival, or early dismissal.****

Sea Bag List

- **Be advised, THIS is the seabag list for a regular overnight weekend**

-Sea Bag

-Canteen & Canteen Belt (Camelbacks approved for PO3 and above)

-2nd set of NWU/Type IIIs (if able)

-Fresh Navy Blue or Brown T-shirt for appropriate NWU/Type III (Blue with NWU, Brown with Type III's)

-Black crew-length socks **AND** White crew-length socks (at least 2 pair of **EACH**)

-Unit PT Gear, if you are new and have not received a set yet, you will need to wear a PLAIN yellow OR Navy Blue t-shirt and Navy Blue or Black shorts... **(shorts should fit loosely & appropriately and be at least knee length or slightly above.)**

-Sneakers

-Undergarments (at least 2)

-Sweatsuit or shorts & t-shirt to sleep in

-Pillow & Sleeping bag or blanket

-Shower shoes (flip flops)

-Bathing Suit... **Females: ONE-PIECE black or dark blue "T-Back",**

Males: black or dark blue trunks (knee-length or just above, NOT Spandex/Speedo

-Hygiene products (**DEODORANT**, soap/shampoo, toothbrush/toothpaste, etc.)

-Towel

-Brush/comb as necessary

-Hair products (hairbands/bobby-pins/hairspray as necessary)

From The Desk Of Ops

First... a hearty and proud BRAVO ZULU to those who completed a summer of challenge and adventure! From those who graduated from Recruit Training, to POLA and other advanced training graduates! Here in Buffalo, we successfully graduated all of our first ever Maritime Expeditionary Security Forces (MESF) cadets! It was a great, hot week. Finally, to those who did 5 or 6 weekends straight of Sea Cadets, OUTSTANDING! Drill, training, and the joint field exercise with Rochester! Keep hard at work, and let's not lose that dedication and commitment heading into the home stretch of 2023 and the start of 2024!

Second, I'd like to recognize PO2 Stoddard who was recently reassigned to the Operations Department as an Education Petty Officer to fulfill the Color Guard Petty Officer billet. Additionally, BZ and recognition are due to PO1 Campbell who was recently approved to transfer to the Operations Department as the units newest Operations Chief billet! PO1 Campbell is now responsible for supporting the division, each company, and the Buffalo Training Command.

We have A LOT to do. We have an unplanned re-write for Recruit Training for 2024, we are almost done with the Mass Communications curriculum for 2024, we are reviewing the Winter Survival Training curriculum for 2024, and we are proud to announce the beginning of an annual disaster preparedness exercise like we executed in 2023, called Horizon Guardian, among many many more things!

The Recruit Training unit curriculum starts again in September, and so does our annual inspection preparation!

Regards,

LTJG R. Caughill, NSCC
Sullivans Division/TS Little Rock
Operations Officer

Admin Info

Medical: If your Physical Exam is more than a year old, you need a current one on file. Your doctor must fill out the official USNSCC Medical Form that you can print out from "Homeport". Attachments from the Doctor's Office are not accepted. Current physicals are not only needed to attend Boot Camp and Advanced Training, but are necessary to maintain enrollment in the Sea Cadet program itself.

Registration/Renewal: You MUST have a current I.D. to attend training and drills, both locally and elsewhere. NO EXCEPTIONS. The system will automatically drop you from a training if your I.D. lapses. It is imperative that you pay your dues on time, so that you can be renewed as necessary.

Upcoming Drill Dates

September 9-10, 2023

October 14/15, 2023

November 4/5, 2023

December 2/3, 2023 (Holiday and Awards Banquet)

January 6/7, 2024

February 3/4, 2024

March 2/3, 2024

April 13/14, 2024

May 4-5, 2024

June 1-2, 2024

July 13-14, 2024

August 3-4, 2024

September 7-8, 2024

Additional Important Dates

Winter Survival Training (Genesee County Park)

**Sea Cadets Only*

Arrival 1800, Friday 16FEB24

Dismissal 1200, Tuesday 20FEB24

Buffalo Summer Training (Buffalo Naval Park)

****All Staff Reports 26JUL24****

RT & MAA.....27JUL24 - 04AUG24

League Orientation & POLA.....28JUL24 - 03AUG24

ADDITIONAL INFORMATION, REMINDERS, AND REQUESTS

-September is an overnight drill; OUR LAST ONE OF THE YEAR.

-Bring a SECOND towel and bring extras of the following (in addition to the regular sea bag list): undergarments, PT uniform, NWU's Type 1 or 3, socks, boots and/or shoes. If it's warm, you will do damage control in PT and/or bathing suit. If it's cold, you may be in working uniform, hence the doubles of everything. Emergencies happen in all types of weather and temperature. You need to be prepared.

-If you are a new cadet and do not have a second working uniform yet, bring a plain pair of black or dark blue jogging pants or sweatpants and a plain black or dark blue sweatshirt or long sleeve shirt.

-The switch to Dress **Whites** and **Summer Salt & Peppers** took effect in June.

-Reminder: EVERY email that includes an officer as a recipient, MUST include a second officer. This is not just a unit regulation, it is a full program regulation set forth by National Headquarters. Please note: even though it's "in the name", a Petty Officer does **NOT** count as an Officer; the regulation is in regards to ADULT Officers.

-If you are unsure of how to "copy/cc" someone to an email, ask someone for help. It is imperative that this regulation be followed. Please use "**cc**", **NOT** "**bcc**".

-When you are sending an email to an officer, be sure to acknowledge WHO the email is directed at. Since you are required to include a second officer on emails, you need to make sure that the recipients are aware of who the email is actually directed at. Beginning an email without specifying who it is directed at is confusing to the recipients as well as disrespectful.

-For new cadets (and anyone else not sure)... **REMEMBER:** if you need to ask a question, make a request, share information, etc with an adult officer, you **NEED TO GO THROUGH YOUR CHAIN OF COMMAND**. That being said, any Cadet who is not in a leadership position should be calling or emailing their ACC (or CC if your company does not have an ACC) to begin the chain. **You do not contact senior leadership directly**, especially the CO and XO. Currently, the ACC for League Cadets is LC2 Buenafe. The ACC for RTC is PO3 Stoddard. Those cadets will continue the chain until it reaches the appropriate recipient and the issue will be resolved as necessary. Additionally, ACC's, CC's, LPO: you need to be checking your cadet email **daily**; you are in leadership positions and if your cadets are reaching out to senior leadership, YOU need to make sure it gets passed up.

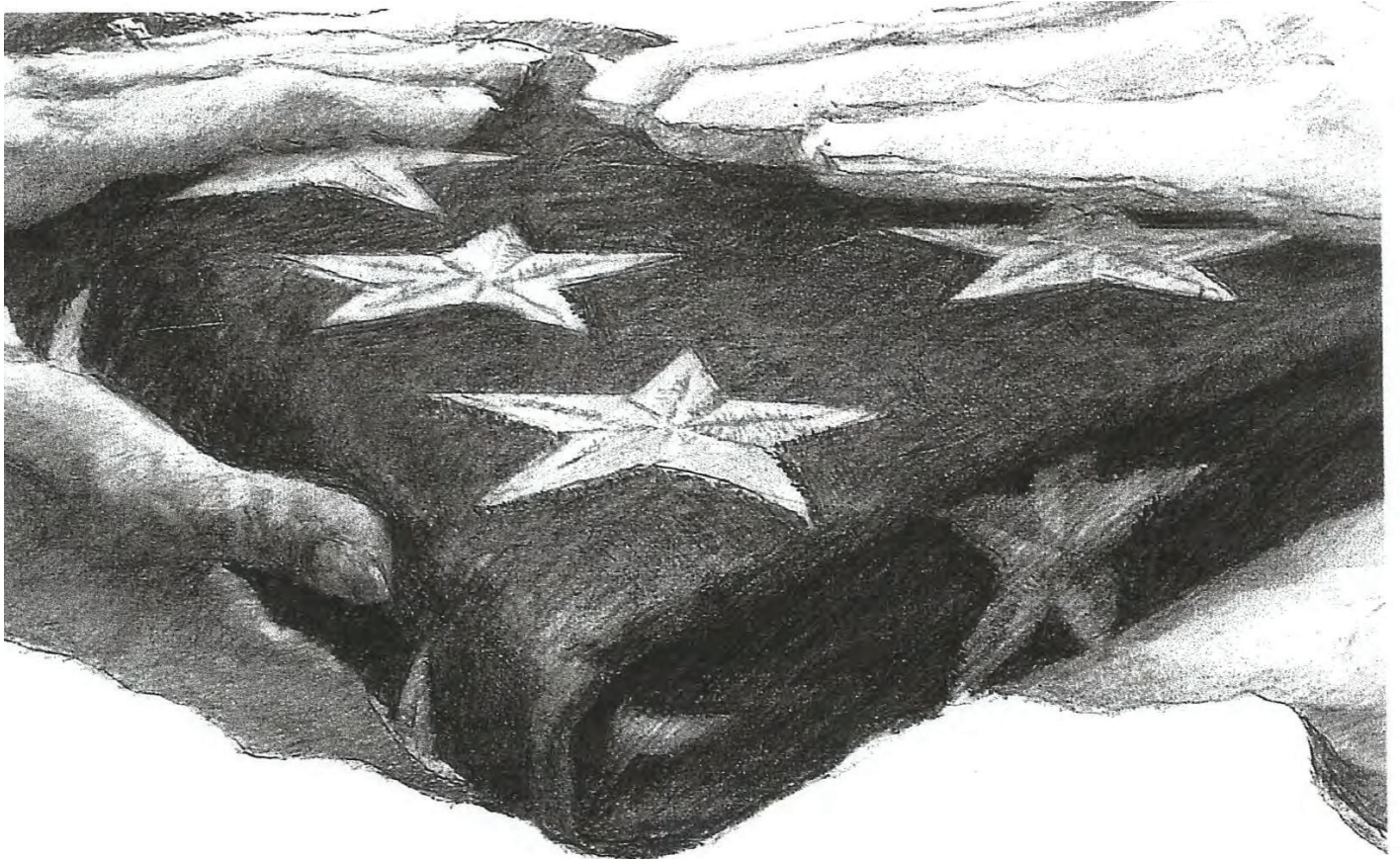
-* If you are a new cadet that has not yet received uniforms,** please wear the following: Plain Navy Blue T-Shirt, Plain Jeans (**no rips**), belt, black socks, sneakers. If you are officially signed on, be sure to bring PT gear as well (a plain dark colored or yellow t-shirt, and plain navy blue or black athletic shorts.) You can also bring or wear a *plain* Black or Navy Blue sweatshirt and sweatpants that fits appropriately.***



FLEET RESERVE ASSOCIATION

2023-2024 AMERICANISM ESSAY CONTEST

“What Memorial Day Means to Me”



- Eligibility:** *Students, grades 7 through 12*
- Deadline:** *December 1, 2023*
- Requirements:** *350 words or less about “What Memorial Day means to me.”*
- Website:** *www.fra.org/essay*

For information about the contest, contact:

School Counselor: _____

FRA Essay Chairman: _____

FRA Branch: _____

Telephone: _____

**Grand Prize
\$1,500**

**18 National
Awards and
Regional /
Local Prizes**



FRA AMERICANISM ESSAY COVER SHEET

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone Number: _____

E-Mail Address: _____

Name of School: _____ Grade: _____

Number of Words in Essay: _____

Sponsoring Member/Branch/Unit: _____

Sponsor's Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian Permission: I understand that my student is participating in FRA's Americanism Essay Contest and authorize FRA to publish photos of him/her if he/she should receive recognition for this entry.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Note: Please type or write legibly.

PLEASE USE THIS FORM ONLY – NO OTHER ACCEPTED





FRA AMERICANISM ESSAY CONTEST RULES

- All entrants shall be students in grades seven through twelve (or equivalent).
- Entrants must be sponsored by a branch of the Fleet Reserve Association or a unit of the Ladies Auxiliary, or by an FRA Member-at-Large.
- The essay shall be on the theme designated and shall not exceed 350 words.
- **The essay shall be legibly written or typed on one page and one side of the paper.**
- The essay theme title must appear on the essay as written.
- A student may submit only one entry each year.
- Each entry must be accompanied by a separate sheet stating: the entrant's name; address; zip code; telephone number; school grade (or equivalent); name of school or the words "home schooled;" number of words in essay; and the sponsoring branch/unit or sponsor's name.
- Entries submitted to branches shall be submitted to the Branch Americanism-Patriotism Committee and postmarked not later than December 1, for judging at the branch level.
- Entries sponsored by membership at large members shall be submitted to the national chairman and forwarded to an appropriate branch for judging in their respective grade group. All entries shall be postmarked not later than December 1.
- **The Internal Revenue Service requires that any participant who receives \$600 or more will be issued a Form 1099 identifying the proceeds as taxable. Winners must provide their social security numbers to the FRA upon request.**



Sullivans Division	RANK	LAST NAME	FIRST NAME	PARTICIPANT PHONE
Commanding Officer	LCDR	Caughill	Todd	tcaughill.usnscc@gmail.com
Executive Officer	LTJG	Ryan	Richard	rryan.usnscc@gmail.com
Financial Officer	LT	Foeller	Amy	afoeller.usnscc@gmail.com
OIC RTC	LCDR	Fronk	Lewis	lfronk.usnscc@gmail.com
Administrative Officer	LCDR	Pawli	Melanie	mdpawli.sullivans@gmail.com
Medical				
Supply	Auxiliary	Campbell	Mischelle	

Training Ship Little Rock	RANK	LAST NAME	FIRST NAME	PARTICIPANT PHONE
Admin	Auxiliary	Anthony	Colleen	canthony.usnscc@gmail.com
Operations Officer	LTJG	Caughill	Ryan	rcaughillusnscc@gmail.com
Awards & Ribbons	LT	Fallon	Misty	fallon.usnscc@gmail.com
OIC LTC	LTJG	Lawson	Stephen	slawson.usnscc@gmail.com
Supply				
Galley				