



United States Naval Sea Cadet Corps



# Sullivans Division Newsletter

“We Stick Together”

<http://thesullivansusnsc.org>

June 2024  
Buffalo Naval Park

CO: LCDR Todd Caughill  
XO: LTJG Richard Ryan

## From The CO's Desk



### THAT TIME OF YEAR!

Well, Graduations and Trainings have arrived. To our graduating Seniors, I thank you for all you have done for the Sullivans Division and hope you only the best in whatever you choose to do in life. The time has come for you to use what you have gained from this program and apply them to your new life in college, military, trades or wherever your guiding light takes you. I am proud of you all and we will miss you around the division. You know where to find us if you need us! Remember **"WE STICK TOGETHER"** today and tomorrow.

For those of you going into the services, take care of yourselves, do what you are told and keep going forward at all times. If you are going NAVY, Marines or Coast guard I wish you Fair winds and Following Seas. Welcome to the Fleet.

Training season is upon us and even if you are coming to Buffalo this year, please consider going to advanced training after completing RT.

Get a jump on banking a training for your next promotion. If not, see you in the snow at Winter Survival.

Congratulations to our RO, RTC companies on going to RT and making sure you are preparing for the PRT. The PRT should be your only concern at this point. You have the basic knowledge but you must also pass the PRT to complete the Recruit Training.

Congratulations graduates again, and stay in touch.



LCDR Todd A. Caughill  
Commanding Officer, USNSCC  
The Sullivans Div / Training Ship Little Rock  
**"We Stick Together"**



## From The XO's Desk



It's time to celebrate and say goodbye to some of our leadership! This is always a bittersweet time of the year. On one hand it is sad to see them go. They have contributed so much to the unit and have always been a dependable asset to our team. We have relied on them to do all sorts of tasks and to teach our younger more junior cadets. On the other hand, I am happy to see these cadets go on to be the leaders in the world they have been working to be for their entire cadet life.

Please take the time to wish PO2 Kingswell, PO1 Milewski, PO1 Moulds, and PO1 Stoddard a fine Sullivans farewell. I personally wish them the best of luck in all they have chosen to do. Some have chosen to go into the Navy, while others have decided to attend school and go on to have a career in the private sector. I am very proud to have worked with the four of them. I know they all will make their marks in whatever field they have chosen.

We are also in the midst of training season. By now you all should have some training plan in place. You cannot move forward without a training. If you have not yet found a training to attend, please reach out to your chain or your OIC to see what we can do to find you a great training opportunity.

The Buffalo training is filling up. I believe at the time of this writing the male RT slots are very limited. Culinary is almost full. There are some MAA slots available, and this training is one of the best trainings in the country, and it's in your backyard. If you are a SN or higher and want an exciting training check out the MAA training here in Buffalo.

Thank you all who responded to the requests for community service opportunities. I know they were short notice and plenty of you already had plans, myself included. We have reached back to these organizations asking them to give us more advanced notice. Keep an eye open for some future events. I am still disappointed in the lack of response to emails. We need to work on that so we can communicate as a unit. We are looking for more and possibly better communication tools.

Very Respectfully, Respectfully, Compliments.  
LTJG Richard J. Ryan, USNSCC  
*XO The Sullivans Division/Training Ship Little Rock*



## From The OP's Desk



If, like me, you're dreading the heat, you know June has arrived in the Queen City. Unlike ENS Baldwin, our native Texan, I am an avid enemy of the heat. So, this should serve as a reminder to me, and to you as well, to stay **HYDRATED!** I'm sure the doc will pass on the same reminder, so sorry for stealing your thunder, doc!

We have **HEARD** you all, and **MAJOR** changes are coming to our drills. Want to know what we have cooked up? Keep reading!

Starting with the next trip to the Naval Reserve Center for the 2024-25 duration, cadets from LTC, RTC, and ATC will be going ashore throughout the months to participate in critical infrastructure tours. There are 16 Critical Infrastructure sectors, plus some sub-sectors, deemed so necessary to our survival that any interruption or attack would have devastating effects on our communities and country. If you want to learn more about these sectors before we start the tours, visit [Critical Infrastructure Sectors](#). More to come as winter approaches.

Next, more hands-on activities and practical applications are in store. The Division has completed its purchase of dock cleats and line for seamanship activities. With summer comes the Damage Control Simulator—bring your swimsuits and towels this month! Additionally, in August, we will host elements of the US Coast Guard, getting the entire unit certified in Basic Life Support (BLS) and Boater Safety. The Operations Department is open to additional suggestions for hands-on, skills-building activities we can do at the Ships, the NRC, or both, for little to no cost.

Now for the **BIG** stuff! Our Department is working to publish a new tool for the Division Officers, called a Navigation Plan, or NAVPLAN. This yearly release will contain all available tours, classes, activities, and more, allowing the DIVOs to select from a confirmed package of evolutions (minus O Division... Sorry, O Division). What's new in it from the usual, you ask? I'm glad you did and that you've read this far:

- **Training** - These are specialized trainings. We thought, **WHY** wait until training season when we can give you a taste at drill? We are planning training evolutions in Recruiting Duty, Food Services, Underway Replenishment (UNREP), Damage Control, Firefighting, Security Reaction Forces, Naval Construction, Public Affairs, and Coast Guard Specific Trainings! We will also have a quarterly medical stand-down to review and instruct on the BLS training content.

- **Drills - You can thank Recruit Rubinas for this idea. Let's bring back Swim Call! This will allow cadets to earn their swimmer class certifications and enjoy some EARNED time in the pool. We also plan a medical/damage control drill called SHAMROCK GUARDIAN, similar but on a smaller scale from what we did two years ago, and a security drill called ERIE SENTINEL. These will allow cadets to apply their training!**
- **Exercises - We've developed frameworks for three exercises teaming up with US and Canadian military youth groups in Buffalo. These are:**
  - **MARITIME UNITY BI-LATERAL EXERCISE (MUBE): Partnering with US or Canadian Sea Cadet units**
  - **NORTH STAR BI-LATERAL EXERCISE (NSBE): Partnering with Civil Air Patrol or Canadian Air Cadets**
  - **SEA-LAND INTEGRATION EXERCISE (SLIC): Canadian Army cadets will join us for a weekend-long field operation.**

**These exercises will allow us to share knowledge, show off skills, and compete in team-building competitions**

- **Qualification/Certification - We want to make BLS and Boater Safety a regular occurrence. Staying knowledgeable in these areas can save lives. We have GREAT partners in the US Coast Guard to help with this.**

- **We are also looking at other US Coast Guard-specific opportunities, with more to come!**
- **Off-Site Trips - Who doesn't love field trips? We are discussing the logistics for several near and far locations and hope to bring you these trips starting this winter!**

**Finally, what if we had our own version of Fleet Week? Wonder no more. We will be coordinating with the local military, DHS, and Naval Park to (hopefully) host a Fleet Week end onboard the ships in 2025! Recruiting, events, and fun!**

**I know I threw A LOT at you all. Much of it is still a work in progress, but we will build this airplane while we fly it. We appreciate all the input and assistance given, and invite more!**

*LTJG Ryan Caughill  
Sullivans Division, T.S. Little Rock  
Operations Officer*





## From The OIC's Desks

### RO/RTC:

*RO*, all online work must be completed on line before June Drill.

Also all that received Dress Whites last drill **MUST** have had them tailored, cleaned and pressed.

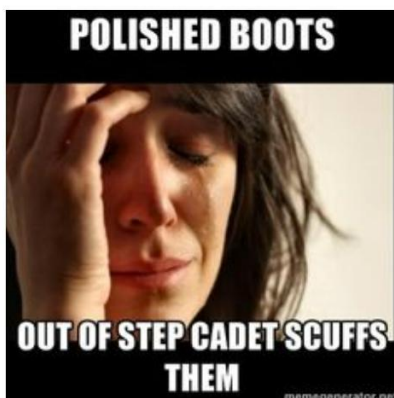
All Dress Whites will be inspected on hanger.

There will be an "in ranks" inspection of Type IIIs; Additionally, NAVY general knowledge will be asked.

*RTC*, all Dress Whites need to be cleaned and pressed and will be inspected on the hanger.

There will be an "in ranks" inspection of Type IIIs; Additionally, NAVY general knowledge will be asked.

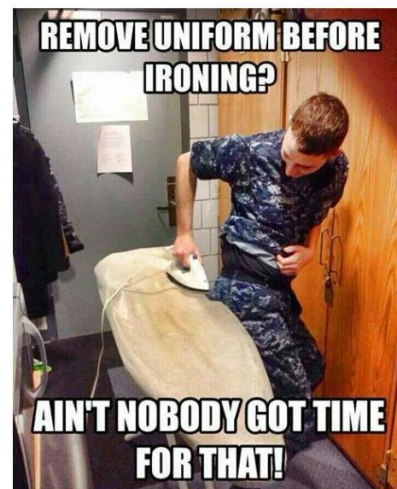
LCDR Fronk  
*OIC RO/RTC*



### LTC:

As June drill approaches, the weather has been more like Spring and Summer this last week. Make sure you have a complete Sea Bag for Drill. Have extra tee shirts and other undergarments to change daily or more often as needed. Make sure to have both sweat pants / shirts and shorts for PT / bed time depending on the weather. Begin thinking of a subject that you would like to research and then present a class to your shipmates. Come prepared and have uniform(s) all squared away.

Directed by,  
*LTJG Stephen J. Lawson, NSCC*



**\*\*Do Not Try This At Home 😊**

# UPCOMING DRILL

## June 1,2 2024

### \*\*\*ATTENTION ALL CADETS\*\*\*

Be advised, **ALL** cadets who have a ribbon rack/ribbons and did NOT bring it in May, are to **bring it to JUNE DRILL**. It should be kept in some sort of safe "packaging" to make sure you don't lose any ribbons in transport. A ziploc bag should work fine. *Make sure it is CLEARLY & NEATLY labeled with your name.*

It is imperative that this directive is followed; it is summer training season which means you will be in dress uniform for training graduations and your ribbon rack needs to be displayed appropriately.

Any Officer who would like to have their bar checked is also encouraged to bring theirs.

\*\*\* This IS an  
overnight drill \*\*\*

\*\*Location: Buffalo Naval Park -  
Saturday

**OVERNIGHT**  
Buffalo Naval Park -  
Sunday

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Arrival Time, 01JUNE- Officers 0715  
Cadets 0730

Dismissal Time 02JUNE- 1545  
(immediately following afternoon muster)

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\*Meals are **\$5.00** PER MEAL.\*

Remember, there are **4**  
**MEALS** provided on  
overnight drill weekends.

**\*\*BE ADVISED: A parent MUST come on board the ship to pick their cadet up.**

**\*\*If anyone other than a parent/legal guardian is picking a cadet up, a note will need to be turned in with the persons name and relationship to the cadet, signed by the parent/legal guardian. The person will need to show I.D.**

**This is necessary for safety and liability.**

**\*\*This requirement is for regular dismissal *and* if a cadet needs to be released early.**

# Attendance

## Deadlines

**(Note WHO to report to...)**

**\*\*CC/ACC's:** Company Attendance due to LPO, PO1 MOULDS by **1600 WEDNESDAY 29MAY24...**\*\*

**\*\*PO2 MOULDS:** Division Attendance due to CPO PARISH by **1630 WEDNESDAY 29MAY24...**\*\*

**\*\*CPO PARISH:** Division Attendance due to OIC's/OPS by **1700 WEDNESDAY 29MAY24...**\*\*

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### **\*\* Uniform Of The Weekend:**

**Cadets - Type III (Type I only if you were not issued Type III's)**

**Officers - Type III (Type I only if you were not issued Type III's)**

**BRING DRESS WHITES/SUMMER WHITES ON HANGER FOR INSPECTION AND GRADUATION.**

**Be advised: BE SURE TO WEAR THE CORRECT COLORED, FRESH, CLEAN T-SHIRT WITH YOUR UNIFORM EACH DAY.**

*Attendance counts are to be obtained by **PHONE CALLS** only.*

*Get them done in time to meet the deadlines.*

**\*\*PAY ATTENTION TO THE CURRENT PHONE LIST IN THIS NEWSLETTER, as there may be names or phone numbers added or removed since last month and changes to the chain of command.**

**\*\*Be advised: A REQUEST and REASON are REQUIRED for ANY absence, late arrival, or early dismissal.\*\***

## Sea Bag List

- **Be advised, THIS is the seabag list for an **OVERNIGHT WEEKEND****

- Sea Bag
- 2nd set of NWU/Type IIIs (if able)
- Fresh Navy Blue or Brown T-shirt for appropriate NWU/Type III
- Black crew-length socks (at least 2 pair)
- Unit PT Gear...if you are new and have not received a set yet, you will need to wear a PLAIN yellow OR Navy Blue t-shirt and Navy Blue or Black shorts...(shorts should fit loosely & appropriately and be at least knee length or slightly above.)
- Sneakers
- White crew-length socks (at least 2 pair)
- Undergarments (at least 2)
- Sweatsuit or shorts & t-shirt to sleep in
- Pillow
- Sleeping bag or blanket
- Shower shoes (flip flops)
- Hygiene products (**DEODORANT**, soap/shampoo, toothbrush/toothpaste, etc.)
- Towel
- Brush/comb as necessary
- Hair products (hairbands/bobby-pins/hairspray as necessary)
- Canteen/Canteen Belt (Camelbacks approved for PO3 and above)
- JUNE DRILL REQUIREMENT: DRESS WHITES/SUMMER WHITES ON HANGERS

## Upcoming Drill Dates

June 1-2, 2024

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July 13-14, 2024

August 10-11, 2024

September 7-8, 2024

## Additional Important Dates

### **Buffalo Summer Training (Buffalo Naval Park)**

**\*\*All Staff Reports 26JUL24\*\***

*RT & MAA.....27JUL24 - 04AUG24*

*LO & POLA.....28JUL24 -  
03AUG24*





# **ADDITIONAL** **INFORMATION,** **REMINDERS, AND** **REQUESTS**

**-June is an overnight drill.**

-Reminder: EVERY email that includes an officer as a recipient, MUST include a second officer. This is not just a unit regulation, it is a full program regulation set forth by National Headquarters. Please note: even though it's "in the name", a Petty Officer does **NOT** count as an Officer; the regulation is in regards to ADULT Officers.

-If you are unsure of how to "copy/cc" someone to an email, ask someone for help. It is imperative that this regulation be followed. Please use "cc", NOT "bcc".

-When you are sending an email to an officer, be sure to acknowledge WHO the email is directed at. Since you are required to include a second officer on emails, you need to make sure that the recipients are aware of who the email is actually directed at. Beginning an email without specifying who it is directed at is confusing to the recipients as well as disrespectful.

-For new cadets (and anyone else not sure)...  
**REMEMBER:** if you need to ask a question, make a request, share information, etc with an adult officer, you **NEED TO GO THROUGH YOUR CHAIN OF COMMAND**. That being said, any Cadet who is not in a leadership position should be calling or emailing their ACC (or CC if your company does not have an ACC) to begin the chain. **You do not contact senior leadership directly**, especially the CO and XO. Currently, the CC for League Cadets is LC2 Wadman. The CC for RTC is PO2 Pawli. The CC for ATC is PO2 Milewski. Those cadets will continue the chain until it reaches the

appropriate recipient and the issue will be resolved as necessary. Additionally, ACC's, CC's, LPO, CPO: you need to be checking your cadet email **daily**; you are in leadership positions and if your cadets are reaching out to senior leadership, YOU need to make sure it gets passed up.

-In order to see who reads the newsletter and who does not I am including this small quiz. You must follow the directions precisely in order to qualify, one mis-step and you are out. There will be a small prize issued to whoever follows all directions. If we have multiple valid responses I will draw the winner from a hat. On a plain piece of paper, folded in quarters, taped closed, write on the inside who founded the Sea Cadets, in the United States, and in what year. On the outside of the paper just write "To XO: Quiz" Everything must be precise, do not discuss with anyone, hand it to your chain. If your chain does not know what it is tell them it needs to go up to the XO.

**\*\*\*If you are a new cadet that has not yet received uniforms**, please wear the following: Plain Navy Blue T-Shirt, Plain Jeans (**no rips**), belt, black socks, sneakers. If you are officially signed on, be sure to bring PT gear as well (a plain dark colored or yellow t-shirt, and plain navy blue or black athletic shorts.) You can also bring or wear a *plain* Black or Navy Blue sweatshirt and sweatpants that fits appropriately.\*\*\*



# **CPO UPDATE**

*\*\* Chief Parish traveled to Australia via the USNSCC International Exchange Program! Read below to get all the technical details and her personal take in her own words!  
Bravo Zulu, Chief!*

## ***International Exchange Program – Australia***

On April 10, 2024, four cadets and two officers embarked on a training of a lifetime.

Through the International Exchange Program application and interview process, they were accepted to attend the Australia Exchange for two and a half weeks. The exchange included two Australian Navy Cadets, two New Zealand cadets, and two Cayman Islands cadets. In total there were ten cadets and seven officers that joined forces for the exchange. Travel began on April 10 and the activities began on April 12th.

To begin, the exchanger's visited the Harbor side to view what they would be exploring over the next week. The Sydney Opera house and Harbor Bridge were attractions that were viewed quite often over the span of the exchange. On Sunday, the entire exchange group traveled to Fleet Engagement Camp (FEC). A nationwide event for the Australian Navy Cadets. There were close to 150 personnel that attended. They spent the week sleeping in tents, showering in outdoor stalls, and listening to Cockatoos (a bird) at all hours of the day and night on Cockatoo Island. Day activities included visiting HAMS bases and ships in the harbor, the New South Wales Maritime Police, and learning about the Australian Defense Force (ADF). All personnel

were transported to and from activities on Navy Landing Craft (small boats).

The final night the personnel slept on board HAMS Canberra, a Navy Ship undergoing repairs. FEC was an amazing opportunity to be immersed into another country's Sea Cadet program.

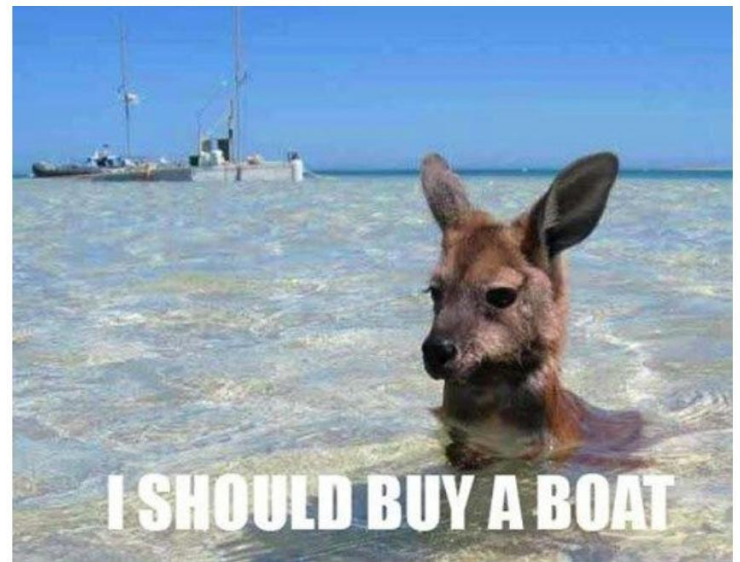
Other activities for the exchangers included sailing, surfing, RIB driving, parachute school, Tribal Warrior Culture cruise, the Shoalhaven Zoo, a treetops high ropes course, Royal Australian Navy (RAN) Fleet Air Arm Museum, Australian National Maritime & Ships Museum, and teambuilding.

To wrap up the exchange, on April 25 the exchanger's participated in Anzac Day services and a parade. Anzac Day is similar to the United States Memorial Day in that it is a remembrance of all the fallen military personnel. On April 25th, 1915, Australian and New Zealand troops started the campaign to capture the Gallipoli Peninsula. They were known as Anzac's, and this was the first time Australians saw combat. The focus of Anzac Day is the fallen soldiers during the campaign and World War 1 but is also used for all those who have fallen. Everyone had the honor of walking in the Sydney Anzac Day parade alongside TS Sydney, an Australian Navy Cadet unit.

### **Personal Statement:**

It was late at night when I received my acceptance phone call. I was completely flabbergasted and could barely speak. I never thought I would be selected to go. I immediately started doing research about

Australia and things to know about traveling internationally. The entire time I was enthusiastic and thrilled to be there. I made many new friends and had experiences I may have never gotten to have without the USNSCC IEP. I tried new foods, and activities that I had never done before. On Anzac day, I was given the honor to march with an Australian flag in formation to make the 100 flag count needed. I was chosen out of the eight exchangers to carry the flag. It meant a great deal to me to have this opportunity. This is a training opportunity I would highly recommend to other USNSCC cadets and officers.



# Senior Spotlights!!!

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**Full Name:** Mariah Elizabeth Moulds

**Current Rank:** Petty Officer 1st Class/ Leading Petty Officer

**Current High School:** Iroquois High School

**Future Plans:** Attending John Carroll University in Cleveland Ohio, pursuing nursing.

**Favorite Thing About Cadets:** I loved going to trainings and meeting new cadets and leadership.

**Additional Words Of Wisdom Or Messages:**

"...not focused on who to hang out with, but focused on where to improve." -Mariah Moulds

**To Cadets:** I am so proud of all of your hard work and dedication to the program! You should take pride as a cadet in the USNSCC program and use the trainings to your advantage. You should also remember when you are facing a challenge whether it's running your last lap of the PRT to possibly getting yelled at RT, everything is temporary. It just matters how you come about those situations and the actions you take. Saying this, I wish you all the very best of what's next for you to come.

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**Full Name:** Matthew Thomas Kingswell

**Current Rank:** Petty Officer 2nd Class/ Lead MAA

**Current High School:** Attica High School

**Future Plans:** Enlist in US NAVY to become a Navy Diver

**Favorite Thing About Cadets:** "My favorite thing about the program is how quick it becomes like a second home, and the bonds you establish quickly with other cadets even from across the country."

**Additional Words Of Wisdom Or Messages:**

"We have nothing to fear but fear itself"

-Franklin D Roosevelt

# Senior Spotlights!!!

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**Full Name:** Amber Milewski

**Current Rank:** Petty Officer 2nd Class/CC of ATC/Public Affairs Petty Officer

**Current High School:** Depew High School

**Future Plans:** Enlist in US NAVY as an Operations Specialist

**Favorite Thing About Cadets:** The friends I've made and the skills I've learned that I can use for years to come.

**Additional Words Of Wisdom Or Messages:**

"We cannot become what we want by remaining what we are" - Max Depree

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**Full Name:** Kyle Stoddard

**Current Rank:** Petty Officer 1st Class/Color Guard Petty Officer

**Current High School:** Niagara Wheatfield Senior Highschool

**Future Plans:** Attending Norwich University as an International Studies major.

**Favorite Thing About Cadets:** The people I get to meet; Cadets, officers, and even guest speakers.

**Additional Words Of Wisdom Or Messages:**

"Everyone inside of Sea Cadets should experience a national training. Going out of state for a training was my most favorite thing to do in Sea Cadets. I got to meet new people, experience new things, and broaden my perspective on life." -Kyle Stoddard

**Congratulations And Good Luck  
To ALL Of Our Graduates!**





